STRONG ALONE, FEARLESS TOGETHER

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Classes & Workshops Schedule following page 10.

Mission: We are dedicated to eliminating racism, empowering women and promoting peace, justice, freedom, and dignity for all.

YWCA Staff

Cindy Leonard, Executive Director
Cheryl Angus, Fiscal Manager
Diana Basick, Thrift Shop Director
Mary Lou Glover, Adult Education Assistant
Cheryl Hershberger, Thrift Shop Staff
Marae Johnston, Children’s Education Director
Ramona Kocinski, PA Workwear
Matthew Kolbosky, Facilities Director
Gina McGrath, Adult Education & IT Director
Grace O’Donnell, Children’s Education Instructor
Maggie O’Leary, Literacy Program Director
Janet Rossey, Thrift Shop Staff
Gabby Skillings, Office Coordinator
Nichole Smalley, Marketing & Member Services
Cathy Young, Thrift Shop Staff

Vision: We live and work in a community that embraces equity, acceptance and diversity and in which women and girls have opportunities for enrichment, and advancement.
Nothing warms my heart like watching young girls or women learning or playing with technology, and seeing the spark in their eyes when they realize “I get this!” “I can do this!” and “This is fun!” I caught that spark myself in the mid-1990s when I signed up for the nursing program at Westmoreland County Community College. The first semester there, I took the required Microcomputer Concepts class and not only enjoyed using a PC, found it very easy. (Editor’s note: I’d like to give a shout out to WCCC instructor Frank Lucente, whom I hold indirectly responsible for my change in career trajectory… thanks, Frank! lol) To ensure it wasn’t a fluke, I took a networking class, then a hardware class, all with the same result. So I changed my major to computer programming, and then transferred those credits later to Seton Hill for a bachelor’s in computer science. Until coming to the YWCA as executive director last fall, I have been immersed in technology for nonprofit organizations for the past 20 years.

Speaking of nonprofits and technology programs, I popped in on our TechGYRLS summer camp periodically last month (see the front cover and page 11 of this newsletter) and am so proud of what they accomplished during the four-day camp. I am also proud to be part of an organization that recognizes the value of STEM education for girls and women, and intend to uphold that value as we develop future programming.

And speaking of STEM education, I was recently invited to tour Westmoreland Community College’s Advanced Technology Center and the Science and Innovation Center. Neither Center, of course, existed when I attended there, so I find it exciting to see new technologies in use in a classroom setting. I went home dreaming about welding and wondering if I had accidentally left any drool on the virtual autopsy table. Just kidding, of course. It’s not that an autopsy is anything I would want to attempt, but the ability to practice one in a highly realistic manner without touching a cadaver is amazing! After the tour, my hosts invited me to join the committee for their annual Women in Manufacturing Day, an event which I understand brings nearly 200 middle and high school girls to the Advanced Technology Center for a day of learning and hands-on experience regarding jobs in manufacturing. Women in Manufacturing Day will happen twice this year: October 18 and 25. What impresses me most about these technology-related career possibilities is the prospect of a young person making decent money right out of college with only a two-year degree under their belt. The opportunities for women and girls today in STEM careers have expanded greatly since I graduated from college and keep growing. Hallelujah!

Finally, speaking of expansion, our YWCA will be rolling out a new program later this year to help women (and men) who are makers seeking to grow their businesses. Making, which is broadly defined as using your hands, heart, and mind to create or improve things, includes many of the traditional arts and crafts such as ceramics, glass blowing, etc., but generally with some infusion of technology to fuel or scale the business. Whether that means you use sewing machines to make dresses, but sell to a global customer base via the Internet, or you use a 3-D printer to create phone cases or dinnerware – making lives at the intersection of design, crafting, and technology. Why is this important? We expect this program will have important economic impact for both the community: helping to create self-sustaining entrepreneurial jobs within our county. Jobs that keep people in the county instead of moving away for work, jobs that can be flexible to meet personal demands or desires, and jobs that are only as limited as your imagination and creativity. We are still in the planning phase, so more information to come later this year!

Yours in Service,
Cindy Leonard, Executive Director
OUR NEW BOARD OFFICERS (as of 6/25/19)

Diane D. Hightower
President

Along with her siblings, Diane co-founded Hightower Scholars, Inc. (HSI) in 1999 where she serves as the Executive Director. The mission of HSI is to provide academic support and college readiness programming for students of color from western Pennsylvania.

Diane is very involved in community engaged learning as exemplified by her volunteer service on the YWCA Westmoreland County Board and the Peoples Library Board. She is a member of the Westmoreland Community Action staff where she developed a GED curriculum for grant supported programming in Jeannette and Derry School Districts and served as the project manager for the Volunteer Income Tax Assistance program.

In 2017, Diane joined Carlow University as an adjunct faculty member in the master’s of student affairs graduate program; and early appointments include the chief student affairs officer at Westmoreland County Community College (WCCC); the Dean of Student Support Services at DePauw University, the Director for the Pennsylvania Center for Women, Politics, and Public Policy at Chatham University; the Dean of Judicial Affairs at Washington & Jefferson College; the Special Assistant to the President and Director of Multicultural Affairs at Lake Forest College; and the Assistant Director of Lincoln University’s Master of Human Services Program. Her career began at the New Kensington Campus of Pennsylvania State University.

Diane earned her bachelor’s degree in history and international relations from the University of Pennsylvania. Later she pursued a master’s degree and a doctorate in the higher education program at Pennsylvania State University, received a master’s degree in public policy and management from the University of Pittsburgh, and was awarded a Citrin Leadership Program certificate while a member of the WCCC senior staff. Diane enjoys research, planning, teaching, fundraising, and has a passion for racquetball that she tackles each week in a local league.

Diane Krivoniak
Secretary

This is Diane’s second go-around on the YWCA board, having served as president sometime in the last decade or so. She is pleased to have the opportunity to serve again alongside a diverse and enthusiastic group of women. For the past 30 years, Diane has served as the Executive Director of the Westmoreland Bar Association and the Westmoreland Bar Foundation. Her additional duties include Director of the Westmoreland Academy of Trial Lawyers and Ned J. Nakles Inn of Court.

She travels to Jamaica, Oklahoma, and Appalachia for mission work to restore shelter for those in need. She and her husband moderate local Dave Ramsey Financial Peace University classes and volunteer with the Westmoreland County Food Bank. Her interests include a passion for Zumba which she can’t seem to shake. Recently she secured a Zumba Gold certification and hopes to use that to dance on into her upcoming retirement.
Marcia (Marcy) J. Karasek
Vice President

Marcy Karasek is a veteran of the banking industry, having spent 33 years in both retail and commercial banking. She holds an associate degree in finance from Westmoreland County Community College, attended Penn State University and is a graduate of Central Atlantic School of Commercial Lending at Bucknell University. She is currently employed with Somerset Trust Company as Vice President / Commercial Lending at Norwin Town Square, North Huntingdon. Prior to employment with Somerset Trust, Marcy was employed in various financial institution positions, including lending, management, and compliance training.

Marcy involves herself in the community, serving on the board of directors for the American Red Cross, Chestnut Ridge Chapter, The Economic Growth Connection of Westmoreland County, and YWCA Westmoreland County. She has served on various committees, including the United Way Loaned Executive, Junior Achievement Economics for Success, and March of Dimes Walkathons. As a member of Rotary International, Irwin Business and Professional Association, and both Westmoreland and Norwin Chambers of Commerce, Marcy is dedicated to serving the community by promoting business and economic growth.

As a lifelong resident of Westmoreland County and 33-year career banker, Marcy offers an array of expertise to nonprofit entities, including strategic planning, financial services, fundraising, and workforce development. She resides in Rillton, Sewickley Township with her husband John.

Karen Struble Myers
Treasurer

As Associate Director and Director of Development, Karen Struble Myers oversees multifaceted fundraising and communications plans designed to promote and support the mission and programs of the Fred Rogers Center. She is responsible for annual giving, major gifts, grant writing, special events, brand and content strategy, external relations, publications, social media, and e-communications. Additionally, she provides operational assistance through budgeting, strategic and programmatic planning, and partnerships.

A graduate of Penn State University, she holds a B.A. in advertising-public relations, and minors in speech communication and business. Karen received an M.S. in professional leadership, training, and development from Carlow University. She is a Certified Fundraising Executive (CFRE), serving as a frequent lecturer and community advisor on annual fund strategies and branding, and has nearly 20 years of experience in nonprofit development and marketing roles in the performing arts, religion, health care, and public policy.

In her spare time, Karen trains and coaches WestCo Roller Derby. She was Sportswoman of the Year in 2017 for Excellence in a Team Sport. Karen is a life-long lover of exercise and encourages wholistic nutrition.
KEISHA JIMMERSON
Racial Justice Award Recipient

This award is presented annually by the YWCA Westmoreland County in recognition of significant contributions to the YWCA and/or to the community in the area of racial justice. Keisha C. Jimmerson currently serves as the Associate Dean of Students for Diversity, Inclusion, and International Student Services at Seton Hill University in Greensburg, Pennsylvania. Her passion has always been to serve all students but specifically traditionally underrepresented groups in higher education. Keisha knows that conversations on diversity issues can be difficult, but the conversations are essential for growth and advocacy.

A Seton Hill University graduate, she holds a bachelor’s degree in communication public relations and a master’s in business administration. Her professional journey began in Undergraduate Admissions and transitioned to the area of Student Affairs. Her support of marginalized individuals is evidenced through her active campus roles: member of the Mission and Identity Advisory Board and the Diversity and Inclusion Committee, as well as advisor of the Multicultural and International Student Organization, the Black Student Union, and the Pride Coalition.

Keisha’s willingness for growth and building relationships extends beyond Seton Hill’s campus community. She has done presentations at local and regional conferences, including one with three students at the 2016 Pennsylvania Chapter- National Association of Multicultural Education entitled “Breaking Down Barriers through Multicultural Dialogue.” As a member of the Pennsylvania Black Conference on Higher Education, Keisha participated in the 2019-2020 cohort of the Institute for Educational Management and Leadership. Keisha is also involved in the Westmoreland County community as a member of the Rotary of Westmoreland and as a board member of YWCA Westmoreland County.

Keisha is the proud parent of Jassan L. Eubank, a college student-athlete.

“Whatever community organization, whether it’s a women’s organization, or fighting for racial justice … you will get satisfaction out of doing something to give back to the community that you never get in any other way.” — Ruth Bader Ginsburg
The Huff Mansion is a historical landmark in Westmoreland County and features a:

- Fully Equipped Kitchen for your Caterer
- Beautiful Portico and Porch
- Elegant Spiral Staircase
- Perfect Venue for Showers, Parties, Family Gatherings and Meetings

**and for our business community the main building provides:**

- Wireless Internet Access
- Podium and Microphone
- Projector Screens and/or Dry Erase Boards for your Presentations

The entire main floor of the mansion is available for your special event. Business meeting spaces and business rates may vary from special events. Call 724-834-9390 for more information.

<table>
<thead>
<tr>
<th></th>
<th><strong>Daytime Rates</strong>&lt;br&gt;(during YWCA normal business hours)</th>
<th><strong>Early morning, evening, and weekend rates</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>2 hour minimum on all rentals</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Living Room / Library</td>
<td>$20/hour</td>
<td>$25/hour</td>
</tr>
<tr>
<td>Mansion 1st Floor (Living Room, Library, Dining Room, Kitchen)</td>
<td>$30/hour</td>
<td>$40/hour</td>
</tr>
<tr>
<td>Founder's Room</td>
<td>$35/hour</td>
<td>$45/hour</td>
</tr>
<tr>
<td>Founder's Room &amp; Mansion 1st Floor</td>
<td>$55/hour</td>
<td>$70/hour</td>
</tr>
</tbody>
</table>

Prices Include: Coffee Service, Tablecloths, Napkins, and Receptionist. No charge for nonprofit organizations for meetings for 2 hours or less if held during normal YWCA business hours.
Join us on
Monday, August 19, 2019
5:30 p.m. - 8:30 p.m.
Emcee Latasha Batch
Doors open at 5:30 p.m.

Hors d’oeuvres, Buffet dinner,
Cash bar, 50/50, Basket raffle,
Theme-related prizes &
YWCA Thrift Shop fashions

Evening Includes the Presentation Of
the YWCA Rising Star Award
to Corinne Coulson

At Rizzo’s Malabar Inn
Reception & Banquet Facility
Crabtree, PA

$50 Per Guest
$100 VIP Guest (includes perks)

RSVP by Monday, August 12, 2019
by calling 724-834-9390

#YWCAFashionShow2019
RISING STAR

Congratulations to Corinne Coulson, our 2019 YWCA Rising Star Award recipient. Corinne is the Manager of Strategic Communications and Marketing at Penn State New Kensington.

The Prize Patrol Committee notified Corinne that she won on Monday, July 1.

The YWCA Rising Star Award is presented to a woman 35 years of age or under who exhibits early professional success and potential to obtain marked achievement, and who demonstrates a willingness to help others, especially women and girls.

Corinne will be formally presented with her award at our YWCA Girls in Pearls: Walk the Red Carpet Fashion Show on August 19, 2019, at Rizzo’s Malabar Inn.

A Pittsburgh native, Corinne Coulson has been passionate about leadership, community, storytelling, media, and communications throughout her life. Her undergraduate education led her into broadcast journalism while attending and earning her B.S. in communications media with a concentration in journalism from Indiana University of PA. After working in the field, her commitment to servant leadership grew and led her to the nonprofit field for eight years and then into higher education with Penn State University where she would also earn her master of public administration (M.P.A.) degree.

Currently, she is Manager of Strategic Communications and Marketing at Penn State New Kensington campus, overseeing the communications, multimedia, public relations and marketing efforts for the campus located in Westmoreland County. She is a proud, founding member of the Nextovation™ project, a unique collaborative initiative spearheaded by Penn State New Kensington, focused on the inclusive change and revitalization of a Rust Belt region through sustainable economic opportunities for individuals and businesses in the digital economy. Recently, she was also a participant of the three-day intensive 2019 Keystone Multimedia Workshop and member of the Westmoreland County Comprehensive Plan Advisory Committee.

Outside of her professional endeavors, she enjoys spending time with her family and rescue dogs, music, photography, being an active member of the New Kensington Rotary Club, serving the community, imparting humor throughout her days, and coffee.
Our TechGYRLS had a fun-filled week building robots in summer camps at Jeannette McKee Elementary, Yough Intermediate Middle School, and at the YWCA. Each camp built and programmed different robots to perform different tasks. The camps concluded with a “Robo Expo” to demonstrate their working robots to family and friends.

The YWCA summer camp girls went on a field trip to West Penn Power where a panel of female engineers and other women with various jobs at the company talked about the college courses they took to achieve their degrees. They shared with us why they chose engineering or another degree and what a day in their field encompasses. The girls were also given a tour of the facility. Thank you to Jacquelyn Lojek for arranging this for us and to all of the engineers who were on the panel.

Our TechGYRLS program is in five schools: Greensburg Salem Middle School, Jeannette McKee Elementary, Ligonier Valley Middle School, Monessen Middle School, Yough Intermediate Middle School. The girls will continue learning in Robolab I and II and some of the girls will be preparing for the 2019 FLL Challenge for the new school year.
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YWCA Thrift Shop News

It’s hard to believe that summer is almost over and everyone is in the “Back to School” shopping frenzy! Don't forget the YWCA Thrift Shop in Greensburg for great bargains on school supplies, backpacks, lunch boxes, and more. Our kids’ clothing racks are full of gently used clothing ready to dress all of your students.

This is also the time of year we display and sell our Steelers, Penguins, and Pirates sporting goods and memorabilia. Stop in to get ready for the black and gold seasons ahead.

Fall consignment will start August 19, 2019 and ends September 21, 2019. A great way to earn some extra cash! All details can be found on our website ywcathriftshop.org. And don't forget to like us on Facebook.

We are always looking for volunteers especially for consignment and cashiering. You can fill a form out online or stop in at the YWCA Thrift Shop. The shop is located at 221 S Maple Ave in Greensburg. Our hours are 10 a.m. - 4 p.m., Monday - Saturday with extended hours on Thursday until 7 p.m..

PA WORKWEAR

PA WORKWEAR, a program of YWCA Westmoreland County, provides women with free professional clothing for job search, training, and employment. The PAWW Consultant grooms each client by giving her the clothes, accessories, and hygiene items she needs in order to be successfully employed. Clients are referred by the County Assistance Office (CAO), Private Industry Council (PIC), as well as other county agencies.

As you are going through your closet at the season’s change, please assist and support PAWW with a tax deductible donation. We welcome and appreciate:

- Clean business clothes & maternity wear
- Khakis, blue and black denim jeans, polo shirts, sweatshirts and medical scrubs
- Flat, wedge or low heel, closed-toe professional shoes
- Unopened trial/hotel sizes of hygiene products
- Professional purses that are black or neutral
- Clothing store gift cards
- Monetary donations

Occasionally, a client needs bras and they, too, are a welcome donation. Designate your items for PAWW and drop them off at the YWCA Thrift Shop during their business hours. For more information or to set up a drop-off, contact Ramona Kocinski via email at ramonak@ywcawestmoreland.org or by calling 724-834-1383.

PAWW received donations from Jennifer West and Sandi Ferrari this past Spring. We want to give a special thank you to these ladies. The clients are very appreciative for the things they receive. Each one receives exactly what they need including a smile on their face!
"Children are made readers on the laps of their parents."

~ Emilie Buchwald ~

English As A Second Language (ESL)

Our English classes are well attended. The Beginning ESL students work on simple conversations, and pronunciation practice. They also learn about U.S. holidays and customs.

The Intermediate Class will be studying health related issues and current events this Fall. The students not only learn how to speak, read, and write English, they also enjoy one another’s company and look forward to socializing.

Registration for classes is open all year round. Please call 724-834-9390 and ask for Maggie to register for classes.

Book Donations

The last day that we will accept book donations for this year’s sale is Friday, August 16, 2019. Thank you for your understanding and for your donations! Book Donations will be accepted again after October 1st for the 2020 Used Book Sale. We accept gently used hardbacks and paperbacks in all categories.

We cannot use Reader’s Digest Condensed Books, magazines, VHS tapes, audio cassettes, encyclopedias or text books. If you’d like to donate a large quantity of books, please call the office so we can make arrangements to meet you at the warehouse.

Volunteer at the Annual Used Book Sale!

In September, the Literacy Program has its Annual Used Book Sale at Westmoreland Mall. Volunteers are needed to work at the sale to restock and straighten books and to work as cashiers. The sale takes place Thursday through Sunday, September 19 - 22, during regular mall hours. Volunteer shifts are scheduled for two hours at a time. Call 724-834-9390 to become a book sale volunteer.

Adult Basic & Literacy Education Classes

Offered at the YWCA Westmoreland County

Adult Basic Education (ABE) – This program offers an introduction to fundamental skills in reading, English, math and career exploration. This class provides the foundation for GED® preparation and introduces career pathways opportunities for employment and post-secondary training.

High School Equivalency (HSE) Prep – This course provides preparation for the GED® or HiSET® test and opportunities to explore several career pathways with a focus on obtaining entry-level employment or entering a post-secondary training program.

Classes are offered Tuesdays & Thursdays from 1:30 p.m. - 4 p.m. Call 724-755-2330 x133 for more details. (All classes require an orientation.)
The YWCA's International Women's Group welcomes women of all nationalities to Westmoreland County, Pennsylvania. The International Women's Group provides a meeting place for women to meet each other and develop friendships, to share and learn about the United States (particularly the new area in which they are living), improve their English, and become a part of their new community.

The purpose of the meetings is to promote international exchange, friendships, and help women adapt to their new community. For more information, call 724-834-9390 or email at info@ywcawestmoreland.org. Meetings take place at the YWCA Westmoreland County located at 424 N. Main Street, Greensburg, PA 15601. All women are welcome to join us!

This photo was taken at the International Women's Friendship Picnic at Twin Lakes in June.

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>“Fall Welcoming Luncheon”</td>
<td>Wednesday, September 11</td>
<td>12:30 - 2:30 p.m.</td>
</tr>
<tr>
<td>To Be Announced</td>
<td>Wednesday, October 9</td>
<td>12:30 - 2:30 p.m.</td>
</tr>
<tr>
<td>To Be Announced</td>
<td>Wednesday, November 13</td>
<td>12:30 - 2:30 p.m.</td>
</tr>
<tr>
<td>“Hanging of the Greens”</td>
<td>Wednesday, December 11</td>
<td>12:30 - 2:30 p.m.</td>
</tr>
</tbody>
</table>
Preschool

For over 30 years, the YWCA Preschool has been committed to offering children a fun, safe, supportive, and diverse environment in which they can learn and grow.

Our children benefit from: Hands-on, minds-on exploration and discovery; a bright and cheery atmosphere; a caring, nurturing, non-competitive environment; an anti-bias curriculum where differences are embraced; encouragement to be self-confident, independent, and creative individuals.

Children will be introduced to simple Spanish words, phrases, and songs; a classroom library stocked with books; language, motor, and socialization skills preparing for Kindergarten and beyond. As a part of the 4-year-old program children will visit the preschool computer lab where they will be provided with a range of hands-on interactive materials including a SMART Table, tablets and laptops to experiment with and explore.

Our parents benefit from: A constant sense of security and safety knowing your child is in care of compassionate instructors; a partnership in your child’s social, emotional, physical, and intellectual growth and development.

Our preschool is equipped with a separate secure entrance and on-site playground.

3-Year-Old Class
Must be 3-years-old by Sept. 1
Tuesday & Thursday
Morning: 9:30 a.m. – 12:00 p.m.
Monthly Tuition: $70.00

4-Year-Old Class
Must be 4-years-old by Sept. 1
Monday, Wednesday, & Friday
Morning: 9:30 a.m. – 12:00 p.m.
Afternoon: 1:00 p.m. – 3:30 p.m.
Monthly Tuition: $95.00
Young Wonders Summer Day Camp 2019

The girls and boys in the Young Wonders summer day camp have been enjoying a fun and eventful summer! Campers have been swimming, bowling, taking trips, making crafts, playing games, and having a great time making friends. With a different theme each week, games and activities were always changing. Campers spent a week Looking for Flat Stanley, Going Green, To Infinity & Beyond, Backyard Bash, and S’More Fun just to name a few. Field trips included Carnegie Science Center, the National Aviary, Living Treasures Animal Park, Winnie Palmer’s Nature Reserve, and Apple Hill Play House to see Charlotte’s Web.

A special thank you to our summer camp counselors, Julia Howard, LynnJoelle Gardner and Mikayla Diak for a great summer!
# FIELD HOCKEY

## 2019 FALL SEASON

**YWCA FIELD HOCKEY**

**REGISTRATION FORM**

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### TRAVELING TEAM (GRADES 5-8)

$180.00 REGISTRATION FEE

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>WEDNESDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>AUG. 26: PRACTICE</td>
<td>5:00-6:30</td>
<td>AUG. 28: PRACTICE</td>
</tr>
<tr>
<td><strong>SEPT. 4: AWAY GAME AT ELLIS</strong></td>
<td>**VARSITY</td>
<td>4:30**</td>
</tr>
<tr>
<td><strong>VARSITY</strong></td>
<td>4:30</td>
<td><strong>J V</strong></td>
</tr>
<tr>
<td>SEPT. 9: PRACTICE</td>
<td>5:00-6:30</td>
<td>SEPT. 11: PRACTICE</td>
</tr>
<tr>
<td><strong>SEPT. 16: HOME GAME VS. VALLEY</strong></td>
<td>**VARSITY</td>
<td>4:30**</td>
</tr>
<tr>
<td><strong>VARSITY</strong></td>
<td>4:30</td>
<td><strong>J V</strong></td>
</tr>
<tr>
<td>SEPT. 23: PRACTICE</td>
<td>5:00-6:30</td>
<td>SEPT. 25: PRACTICE</td>
</tr>
<tr>
<td><strong>OCT. 2: HOME GAME VS. ELLIS</strong></td>
<td>**VARSITY</td>
<td>4:30**</td>
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<tr>
<td><strong>VARSITY</strong></td>
<td>4:30</td>
<td><strong>J V</strong></td>
</tr>
<tr>
<td>OCT. 7: AWAY GAME AT VALLEY</td>
<td>**VARSITY</td>
<td>4:30**</td>
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<tr>
<td><strong>VARSITY</strong></td>
<td>4:30</td>
<td><strong>J V</strong></td>
</tr>
<tr>
<td>OCT. 14: PRACTICE</td>
<td>5:00-6:30</td>
<td><strong>OCT. 16: AWAY GAME VS. WT</strong></td>
</tr>
<tr>
<td><strong>VARSITY</strong></td>
<td>4:30</td>
<td><strong>OCT. 18: HOME GAME VS. ST. EDMUNDS</strong></td>
</tr>
<tr>
<td>OCT. 21: HOME JV VS. PINTS</td>
<td><strong>5:30-6:30</strong></td>
<td>OCT. 23: PRACTICE</td>
</tr>
</tbody>
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**PRE-SEASON:** AUGUST 12-15  | 4:00-6:00 P.M.
**ON YOUR OWN CONDITIONING WEEK:** AUGUST 19-23
**RAIN MAKEUP:** OCTOBER 28

### LITTLE PINTS (GRADES K-4)

$140.00 REGISTRATION FEE

<table>
<thead>
<tr>
<th>MONDAYS</th>
<th>WEDNESDAYS</th>
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<tbody>
<tr>
<td></td>
<td>All practices are on Mondays &amp; Wednesday's from 6-7 p.m. With a final game on October 21st from 5:30-6:30 p.m.</td>
</tr>
</tbody>
</table>

SEE NEXT PAGE FOR REGISTRATION INFORMATION
FIELD HOCKEY

2019 FALL SEASON
YWCA FIELD HOCKEY
REGISTRATION FORM

Please indicate with an “x” which level you are registering for:

☐ Traveling Team: grades 5 through 8. Season is August 12 - October 25. $180 registration fee which includes pre-season, on-your-own conditioning plan, and regular season of practices, away & home games.

☐ Little Pints: grades K through 4. Season is August 26 - October 23. $140 registration fee which includes Monday & Wednesday practices and an end-of-season game against the Junior Varsity Travel Team.

Fees are reduced by $10.00 for every additional child registered. Checks can be made payable to: YWCA Westmoreland County

ALL REGISTRATION FORMS MUST BE ACCOMPANIED BY THE FOLLOWING FORMS:
MEDICAL HISTORY, CONSENT TO TREAT & LIABILITY FORM
Forms are available at www.ywcawestmoreland.org

Name_________________________________________________________ Age_____ Birth Date __________

Phone_______________________________________________________ E-mail Address ______________________

Full Mailing Address__________________________________________________________________________

School______________________________________________________________________________________ Grade in Fall 2019________

Have You Played Before? _____ Yes _____ No ______ Shirt Size: (Adult) ___Small ___Medium ___Large
(Youth) ___Small ___Medium ___Large

Do you give us permission to photograph you and share these photos for marketing and promotional use? _____ Yes _____ No

The undersigned parent or guardian is confident that the above named player is in good health and is able to participate in the team sport of field hockey and also acknowledges the physical nature of field hockey and its inherent risks. The undersigned therefore releases the YWCA, Coaches, and Hempfield Parks & Rec. from any and all responsibility resulting from injury while participating in this program.

Parent/Guardian Signature ___________________________________________ Date __________

Please email Coachcarried@gmail.com or call 724-289-8348 with questions.
THE WESTMORELAND DIVERSITY COALITION
IN PARTNERSHIP WITH: AND
PRESENTS
NOT HATE—NOT HERE
WITH KEYNOTE SPEAKER
ARNO MICHAELIS
Former White Supremacist &
author of “My Life After Hate”
THURSDAY, AUGUST 29, 2019
FRED M. ROGERS CENTER, SAINT VINCENT COLLEGE
8 – 9 a.m. Registration, Meet and Greet
with Breakfast
9 – 9:15 a.m. Welcome and Introduction
9:15 – 10 a.m. Keynote Address, Arno Michaelis
10 – 10:20 a.m. Q & A
10:20 – 10:30 a.m. Closing Remarks

Arno Michaelis is a sought after speaker whose message is
motivating. In the late 1980s and early 1990s, he was a leader of a
worldwide racist skinhead organization, a reverend of a self-declared
Racial Holy War, and lead singer of the hate-metal band Centurion.
Single parenthood, love for his daughter, and the forgiveness shown
by people he once hated, all helped turn Michaelis’ life around,
bringing him to embrace diversity and practice gratitude for all life. He
is now a speaker, author of My Life After Hate, co-author of The Gift of
Our Wounds, and an educator working Serve 2 Unite and a global
network of peacemakers and mentors, such as The Forgiveness
Project, Search for Common Ground, Against Violent Extremism and
Parents for Peace.

TICKETS ARE $15. FOR MORE INFORMATION AND TO REGISTER, VISIT
wdcoalition.org OR CALL 724-834-1260 EXT.1109. REGISTER NOW!
SPACE IS LIMITED. FIRST COME, FIRST SERVE.

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Upcoming Events

October 10, 2019

This fall, YWCA Westmoreland County’s Racial Justice Committee will participate as a partner agency on Westmoreland Diversity Coalition’s Thoughtful Thursdays Film Festival: Movies with a Message.

The October film focus will be racial bias and profiling. On October 10, we will watch the movie Finding Forrester, followed by a lightly facilitated discussion led by Cindy Leonard of the YWCA.

The event will begin at 6 p.m., admission is $2, and refreshments will be provided.

Location: Campana Chapel, University of Pittsburgh at Greensburg, 150 Finoli Drive, Greensburg

About Finding Forrester

Finding Forrester is a 2000 American drama film written by Mike Rich and directed by Gus Van Sant. In the film, a black teenager, Jamal Wallace (Rob Brown), is invited to attend a prestigious private high school. By chance, Jamal befriends a reclusive writer, William Forrester (Sean Connery), through whom he refines his talent for writing and comes to terms with his identity. (Source: Wikipedia.com)
Would you like to have your newsletter emailed to you? If you are receiving a hard copy of the newsletter and would prefer to have it sent only via email, please let us know by sending an email to info@ywcawestmoreland.org with the subject line “Email Newsletter.” Thank you!

**YWCA Annual Used book Sale**

We encourage you to bring your own bag for shopping at the sale.

September 19 - 22, 2019
at the Westmoreland Mall
Thursday 8:00 a.m. to 9:00 p.m.
Friday through Saturday
9:00 a.m. to 9:00 p.m.
Sunday from 11:00 a.m. to 3:00 p.m.