YWCA Westmoreland County Field Hockey 2024 Schedule

Spring Indoor Season:
 Grades 5th-8th and
 9th-12th
 March 12, 13, 19, 26, 27
 and April 2, 3, 9, 10, 16

• June: Summer Camp

July: Keystone Games

August: Pre Season

 September - October: Regular Season Play

 November: Annual Field Hockey Banquet

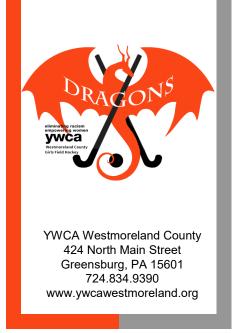






2024
YWCA Westmoreland
County
Girls' Community Field
Hockey Program





YWCA IS ON A MISSION

WHAT IS FIELD HOCKEY?

Field Hockey is a unique sport played by both men and women around the world. It combines the skills of soccer with all the disciplines of hockey.

The modern game of field hockey originated in the 19th century England. In 1901 Constance Applebee introduced the sport to the United States. In 1922, the United States Field Hockey Association was formed. Women's field hockey became an Olympic sport in 1980.

A field hockey team consists of 11 players including a goalkeeper. The ball must be moved down the field using the flat side of the stick. A goal is scored when an attacker strikes the ball into the goal from within the striking circle.



YWCA GIRLS' COMMUNITY FIELD HOCKEY PROGRAM

- Offers an established field hockey program to girls K-12.
- Is the only feeder program for all Westmoreland County HS teams including Greensburg Salem, Hempfield, Latrobe, Norwin, Greensburg Central Catholic and 2011 WPIAL Champions— Penn Trafford HS
- Provides Middle School age teams during the Fall Season an average of 10 games per season with schools such as: The Ellis School, Valley School of Ligonier, Winchester Thurston, Aquinas Academy (Pgh) and St Edmund's Academy
- Also feeds Team Golden Triangle, the premier Western Pa club for elite competition on the National level.

AND...The YWCA Program opens the door for players to advance to the USFHA FUTURES Program. Some YW players have advanced to play at Penn, Cornell, Seton Hill U, Juniata, Robert Morris and U of Maryland and the Futures Elite Academy Program for Olympic Development.



YWCA FIELD HOCKEY REGISTRATION

NAME:
AGE:DOB:
GRADE:
PHONE
ADDRESS:
EMAIL:
SCHOOL
Have you played before?
Shirt Size:
ASAMALAXL
YSYMYLYXL
======================================
\$175.00 Players Currently 9 th – 12 th Grade (6:30 – 8:00 pm)
* Indoor field hockey sticks are mandatory, however, the YWCA has indoor sticks to allow girls to borrow for the sessions
* Each level must have 10 registrants in order to participate in the 2024 Indoor Season
* Players also need their own mouth guards and shin guards
Parent signature Date
Do you give permission to photograph your player and share these photos for marketing and promotional purposes? Yes No:
The undersigned parent or guardian is confident that the above named player is in good health and is able to participate in the team sport of field

Fees reduced by \$10.00 for every additional child registered.

injury while participating in this program.

Visit **www.ywcawestmoreland.org** to download all of the release forms.

inherent risks. The undersigned therefore releases the YWCA, Coaches, and Hempfield Parks & Rec. from any and all responsibilities resulting from