

our voice

eliminating racism
empowering women

ywca

YWCA of Westmoreland County Mission Statement

We create opportunities for women and girls to lead purposeful lives and strive for a community that values diversity.

Our One Imperative

“To thrust our collective power towards the elimination of racism wherever it exists and by any means necessary.”

2009-2010 YWCA Board Members

Nancy Anderson (Treasurer)
Julie Butler (Secretary)
Sheila Confer
Joan Davis
Joan DeRose
Denise Holmes
Jerri Holts
Ellen Katter
Paula Maloney
Janice Merriman
Lyzona Marshall
Mary Catherine Motchar
Rebecca Parry
Marcia Pratt
Theresa Rusbosin (2nd Vice President)
Norma Skillings (1st Vice President)
Tonuia Smith
Michelle Teague
Ruth Tolbert (President)
Michelle Toohey
Bonnie Lewis (Executive Director)

YWCA Executive Staff

Bonnie Lewis, Executive Director
Joelyn Aukerman, Communications Director
Diana Basick, Fiscal Manager
Dorie Fuchs, PA Workwear
Betty Hammer, Development Director
Marae Johnston, Childcare Director
Gina McGrath, Technology Director
Maggie O’Leary, Literacy Program Director
Cathy Young, Thrift Shop Manager

YWCA of WESTMORELAND COUNTY

PROGRAMS AND SERVICES

Summer 2010

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inserts: technology center schedule

**ywca business hours:
Monday - Thursday: 9am-5pm & Friday: 9am-4pm**

letter from our executive director



Members and friends,

On April 30th, the YWCA of Westmoreland County hosted our first Stand Against Racism. The YWCA headquarters hosted a “stand up” lunch on the front porch of the YW. Board members, staff members and guests spent time thinking about the mission of the YWCA and pledging to repudiate racism. Across the county our community partners hosted their own Stand Against Racism events. Nationally, nearly 300,000 people participated in Stand Against Racism events.

On her passing, the country recently celebrated the life of Dr. Dorothy I. Height. Dr. Height fought against race and gender prejudice her whole life – starting from the age of 12, when Dorothy demanded to speak to the manager after being denied entrance to a swimming pool because of the color of her skin. “Since then, Height went on to participate in virtually all of the major civil rights events from the 1950s through the 1980s, to be a leader within the YWCA and the National Council of Negro Women, and to create and run programs that help millions of people around the world,” according to a tribute written about her by the YWCA USA.

Dorothy Height spent 40 years as a staff person and volunteer for the YWCA. The YWCA USA tribute continues, “Height played a major role in helping shape the YWCA’s focus on racial and social justice issues and worked to establish the core imperative of the YWCA mission – the elimination of racism... The highest honor bestowed by the YWCA is named for Dorothy Height. It is presented to individuals whose efforts and contributions have been significant in the field of racial justice and whose accomplishments have had a national impact.”

In Dr. Height’s memory, might I suggest that we all take a moment and repeat the pledge that we took all across the country at our Stand Against Racism events:

As an individual committed to social justice, I stand with the YWCA against racism and discrimination of any kind. I will commit to a lifetime of promoting peace, justice, freedom and dignity for all people in my community and in the world.

Bonnie Lewis, Executive Director



Thanks for
your
support!

Seton Hill Univ,
Westmoreland
County
Community
College, Univ of
Pittsburgh at
Greensburg &
Allegheny Energy



thrift shop



YWCA Thrift Shop May Newsletter

The hot and hazy days of summer are fast approaching! It is a great time to stock up on shorts, tank tops and sandals at the YWCA Thrift Shop. The shop is full of bargains and the consignment program is in full swing. Stop in Monday through Saturday, 10 a.m. until 4 p.m. and Thursday 10 a.m. until 7 p.m. to check out our treasures.

The 50 volunteers at the shop were honored for National Volunteer Week with a Hollywood theme party last month. Booths consisting of popcorn, candy, hot dogs and nachos were placed around the Founder's room at the main office. Novelty ice creams and old fashion soda was also served.

Volunteers with the most hours for 2009 were Barbara Preli, 522 hours; Eleanor Lashley, 412; Elinor Giovannini, 417; Anna Mae Watterson, 354; and Kay Guy, 340. Winning prizes for the best costumes were Noreen Karnash, Georgia Trainer, Beth Neminski, Linde Frye, Nancy Gillpatrick, Barbara Kennedy and Martha Najewicz. It is always a pleasure entertaining our wonderful women who give so unselfishly to the shop.

The PA Workwear program is always in need of scrubs, khaki and black pants, polo shirts and interviewing outfits. Toiletries, socks and bras are in demand also. These items can be donated through the Thrift Shop. Putting a smile on a client's face is the reward you receive when you dress them for a new job!

Volunteer applications are available at the store for women who have 3 hours a week to work. Please call 724-834-4339 for more information.

IMPORTANT DATES TO REMEMBER		Become a member of the YWCA! \$20 - Basic Member/Associate \$10 - Teen/Associate \$30 - Supporting Member \$50 Patron Member \$100 - Century Friend Member \$200+ - Honor Circle Member
June 7	Summer Camp Begins	
June 14-18	Girls' Field Hockey Camp-Hempfield Park	
June 15	Annual YWCA Membership Meeting	
August 23	5th Annual Fall Fashion Show	

child development programs

2010 Summer Camp

Safe and Affordable Program * Extended Hours * Free On-Site Parking * Easy Drop Off and Pick Up * Private Camp Entrance * On-Site, Outdoor Play Area * Professional, Educated Counselors * Theme Based Activities* Manageable Group Sizes * Air-Conditioned Facility

**June 7th - August 16th
Monday - Friday**

\$120 per week / \$24 per day
(Scholarships available)
Contact the YWCA office for a registration packet.

YWCA Preschool



3 Year Old Class

*must be 3 years old by September 1

Tuesdays & Thursdays

Morning: 9:30 AM - 12:00 PM

Afternoon: 1:00 PM - 3:30 PM

Monthly Tuition: \$62.00

4 Year Old Class

*must be 4 years old by September 1

Mondays, Wednesdays, Fridays

Morning: 9:30 AM - 12:00 PM

Afternoon: 1:00 PM - 3:30 PM

Monthly Tuition: \$87.00

Financial Aid is Available

YWCA Preschool Program Highlights

Somos Amigos!

Children are introduced to simple Spanish words, phrases and songs.

Partnership with Greensburg/Hempfield Library

Children enjoy a Classroom library stocked with books.

Language, Motor, and Socialization Skills

Children are prepared for kindergarten and beyond.

Partnership with the Intermediate Unit

Services can be arranged when a child demonstrates the need for specially designed instruction.

Outdoor Secure Playground

Children enjoy outdoor seasonal changes and physical exercise while playing in our playground.

Before and After School Program

Mountain View & Baggaley Elementary Schools

Hours of Operation

Morning Session

7:15 AM - Start of School for Both Sites

Afternoon Session

School Dismissal - 6:00 PM For Both Sites

Fee Schedule

Daily Rates*

\$5.50 per child AM Session

\$6.00 per child PM Session

\$11.50 per child for Both Sessions

Weekly Rates*

\$27.50 per child AM

\$30.00 per child PM

\$57.50 per child Both Sessions

*Reduced Fee Schedule for Additional Children in the Same Family!



Child Care Philosophy

The YWCA is committed to supporting parents in meeting their children's needs.

The Kidz Zone seeks to provide affordable care in a supervised, safe, secure, and nurturing environment.

**We have something for all ages!
Read below to find out what we have for you!**

**JOIN US AND BECOME A ROBOGYRL!
ONE WHOLE WEEK OF FUN BUILDING ROBOTS FOR GIRLS 11 to 14!**

ROBOGYRLS SUMMER CAMP

**JUNE 21 - 25
10 am - 2 pm**

Join us for a fun-filled week of robotics. The girls will use a classroom kit designed by Lego® using the Mindstorm technology to build, program and activate working robots. They will work individually and on teams to build increasingly complex projects and create several working robots during the week. Any girl in middle school is eligible to register. Included in the camp fee will be a field trip. The last day of camp is a "Robo Expo" for the girls to demonstrate their working robots to family, friends and guests.

Registration is limited to 8 girls, so call early to register!

\$110 Members/\$130 Non-Members

(Scholarships available)

FUN FOR SENIORS!

OVER 50 COMPUTER CLUB

Join us the **first Tuesday** of every month from **2 - 3:30 pm (note the time change)** where we promise we will open up the world of technology for you in terms you can understand. Each month you steer the meeting by asking questions about what you need to know concerning your computer, cell phone or other technology challenges. No computer required, just an open mind and a willingness to venture into the world of technology. We promise to make your journey fun, easy and interesting!

Registration for each club meeting is required.

Club Fee: \$8.00 per meeting

Summer Club Dates: June 1 ~ July 6 ~ Aug. 3 ~ Sept. 7

FUN FOR THE ACCIDENTAL TECHIE!

BAGELS AND BYTES

If you are the *accidental techie* and work at a non-profit, then you will have fun at our Bagels and Bytes meetings. We are professional tech people working at non-profits that help accidental techies working at non-profits for "FREE"!! We meet the second Tuesday of every month at 8am, at different locations. Call Gina to attend next month's meeting or email her at ginam@ywcawestmoreland.org. *If you work at a non-profit we welcome all techies! Hope to see you at our next meeting.*

SUMMER FUN FOR EVERYONE AT THE

YWCA TECHNOLOGY CENTER!

- ☪ Computer Classes
- ☪ Private Tutoring
- ☪ Over 50 Computer Club
- ☪ RoboGYRLS Camp
- ☪ Professional Computer Trainings for non-profits and for-profits

FUN FOR ALL AGES!

Take a computer class in a relaxed environment, only 4 to 8 people per class. Look at the enclosed Computer Class Schedule and call 724-834-9390 to register today .

announcements

The YWCA of Westmoreland County will present the election results of new members to the Board of Directors at its June 15th Annual Meeting. The slate of new board members as well as members of the 2010-2011 Nominating Committee can be found on the YWCA website beginning June 1st. Visit www.ywcawestmoreland.org to review the slate as presented.

At its March 2010 meeting, the YWCA of Westmoreland County Board of Directors approved a revised Constitution and Bylaws to be presented to the membership for vote at the June 2010 Annual Meeting on June 15th. The revision was initiated due to the YWCA USA adopting a new, simpler mission statement for the organization. The new mission statement needs to be inserted into our Constitution and Bylaws. Other, minor revisions have also been approved by the board for recommendation to the membership. You can find a copy of the proposed revised Constitution and Bylaws on the YWCA website at www.ywcawestmoreland.org.

The YWCA of Westmoreland County is pleased to announce that the Greensburg Foundation Fund of the Community Foundation of Westmoreland County has awarded a \$5,000 grant to the YWCA Technology Program. Funds for this program will be used to underwrite the costs of free and reduced-fee computer classes for 75 eligible clients including those who are seeking skills needed for employment. Additionally this grant will enable the YWCA to extend its TechGYRLS PROGRAM through the summer for preteen girls.

Now entering its 15th year, The Community Foundation of Westmoreland County has made in excess of \$10 million in grants to local charitable organizations. It currently administers over 375 component funds and over \$16 million in assets. The mission of the Community Foundation is to encourage local residents to become philanthropists, provide grants that support a wide variety of charitable organizations and serve as a community leader.

red hat divas



Join our Red Hat Divas for an “At-TEA-tude” Tea Party at the YWCA on May 20th. The Red Hatters will meet at 12:30 PM to enjoy a variety of flavored teas, tea sandwiches, cookies and other goodies. Bring you favorite tea cup to show your friends. Luncheon is \$10 for members and guests are welcome at \$12 per person. Please RSVP to Karen Piasecky at 724-219-3401.

A Red Hat Field Trip is scheduled for a tour of Nemaocolin Castle in Brownsville, PA on June 10th starting at 11:00 AM. Lunch is planned for 12:45 PM. Additional time can be spent to take a short tour to learn of the history of Titlow, or you may want to roam some of the revitalized downtown Uniontown area to visit their gift shops. The cost is \$25 for guests. There is a choice of menu, so, if interested, please call Betty Hammer for additional information and to make reservations for this lovely event. Mail your check to the YWCA by June 8th to confirm your reservation. We will carpool from the parking lot at Shop N Save on Main Street, Greensburg.

social scene



ywca bowling league



On Wednesday, May 12, the YWCA Bowling League celebrated the end of another season of fun and friendships. At the luncheon-banquet several ladies received recognition for their accomplishments. The Championship Team of the season consisted of Elizabeth Kelly, Elaine Konowalski, Teena Perry and Jackie Rabenstein. This team, the Penguins, also captured the Team High Game award (729) and the Team High Series award (1,972). The Individual High Game winner of the season was Jackie Rabenstein (212) and Individual High Series winner was Jane Conty (559). The High Average winner was Jane Highberger (162) and the Most Improved Bowler was Lu Ann Barkley. The Pins Over Average leader was Phyllis Marks. Congratulations ladies!

If you and your friends would like to join our lady bowlers, the new season will begin August 26. The league bowls at Main Street Bowling Alley in Greensburg on the last Thursday of every month. The fun begins at 12:30 pm. For more information contact the YWCA at 724-834-9390.

congratulations



Congratulations to Colonel Nancy P. Anderson, USMC-Ret

Nancy Anderson, YWCA Board Treasurer, was recently appointed to the national Military Officers of America Association Board of Directors. MOAA is the nation's largest and most influential association of military officers. It is an independent, nonprofit, politically nonpartisan organization. With about 370,000 members from every branch of service - including active duty, National Guard, Reserve, retired, former officers, and their families - this organization is a powerful force speaking for a strong national defense and representing the interests of military officers at every stage of their careers.

Literacy Program Updates

From the Desk of Maggie O'Leary, Literacy Director

Summer Edition 2010

"The more you read, the more things you'll know. The more that you learn, the more places you'll go." ~ Dr. Seuss

I can't imagine a life without books – a life without being able to read. . . Thanks to all my volunteer tutors and book sorters. Your service in the Literacy Program blesses many lives!



Adult Basic Literacy

Tutor Training Workshop : We finished our workshop in April and are delighted to have five new adult basic tutors join our team.

Congratulations to Pat Cummerick, Rachel Savorelli, Mary Ann Seminary, Eva Shaltes, and Erin Speese for achieving your goal to become a literacy tutor. I am so proud of all of you for making Literacy a priority in your lives. You are making a valuable contribution within our community.

Our next workshop is scheduled for October, 2010. Dates and times will be announced on our website by late August.

Tutor Support Meeting :

Our next Tutor Support Meeting is scheduled for *Saturday, June 5 from 8:00 to 9:30 am*. All Adult Basic Tutors are encouraged to attend whether or not you currently have a student. Please call the office to RSVP if you're planning to participate.

Annual Used Book Sale:

The dates for our annual used book sale have been set. The event will be held at the Westmoreland Mall, 1st floor, center court *September 23 through September 26, 2010*. It takes many hands to make this fundraiser a success, and we appreciate all the help you give. You make it possible for the Literacy Program to continue.

English As A Second Language

Beginning English Classes are being offered on Wednesday mornings for 11 weeks this summer. This class is specifically for students who are **just beginning to learn the English language or need to review Side by Side, Book 1**. The first class is at 9:30 AM on June 16, 2010. Please call the office to register.

RED CROSS BABYSITTING CLASS

Open to girls and boys ages 11 and above. All materials will be provided. Learn how to be a responsible babysitter and receive a certificate of participation from the Red Cross. Bring a bagged lunch. Limited number of spaces available. Class includes CPR. Facilitator: American Red Cross
Saturday - June 19, 2010 9:00 AM - 3:00PM
\$55 per person

HATHA YOGA with Christine Walko

This class is open to all ages 8 to adult. Breathing techniques and basic yoga postures will help to build flexibility, ease and range of motion. Holding postures will increase your stamina, strength and focus. Each student works at their own comfort level. Join the fun!
8 Wednesdays: June 16 - August 4
5:30 - 6:45 PM
Class Fee: \$65+ YWCA Membership

YOGA AWARENESS with Nancy Michaels

This series is designed to focus on specific areas of the body to strengthen and stretch muscles. This class will help participants build strength, balance the body's system, increase body awareness, and increase energy while learning specific postures.
6 Thursdays: June 10 - July 15, 2010
10:00 - 11:30 AM
Class Fee: \$45 + YWCA Membership

DINE AND TRAVEL WITH SERGIO

Spend a fun and flavorful evening with Sergio. Due to popular demand another home made pasta session has been added to the schedule
Ravioli in Bolognese sauce
Date - June 14, 2010
Time - 6:00 to 9:30
Cost - \$35.00
Call Sergio @ 412.953.6424 for reservation

Sergio's New York City Culinary Bus Trip

(www.sergiosmenu.com for details)
Date - Depart July 31, 2010
Return - August 1, 2010
Interested parties please call Sergio @
412.953.6424

QiGONG with Linda Vucelich

QiGong is a practice that restores vitality, enhances posture & alignment, regulates circulation, provides health maintenance, and promotes overall well-being through movement and breathing. The class includes introduction, two simple systems and self-foot massages.
June 30 and July 7, 2010
10:00 - 11:15 AM For all ages 12+
Preregistration Required Fee: \$25

BEGINNING TAI CHI with Linda Vucelich

This class is intended for those who have never taken Tai Chi or who have some experience with Tai Chi.
5 Tuesdays: 6/22, 6/29, 7/13, 8/17, 8/31
7:00 - 8:00 PM
Fee: \$55 + YWCA Membership

CONTINUING TAI CHI with Linda Vucelich

This class is designed for experienced Tai Chi students looking to continue their practice.
5 Tuesdays: 6/22, 7/6, 7/13, 8/10, 8/24
7:00 - 8:00 PM
Fee: \$55 + YWCA Membership

INTERMEDIATE TAI CHI with Linda Vucelich

Maintain your physical and mental health. Beginning Tai Chi or experience prerequisite.
5 Mondays: 6/7, 6/14, 6/22, 6/28, 7/12
6:45 - 7:45 PM Fee: \$55 + YWCA Membership

Little Ninja's Preschool Karate with Marisa

This program is designed specifically to help teach boys and girls, ages 4-5, the important qualities of respect, self-control, focus and confidence.
7 Thursdays: June 3 - July 15, 2010
5:00 - 5:30 PM
Class Fee: \$30 Members/\$40 Non-Members

Kid's Power Karate

Boys and girls, ages 6-12, learn discipline, fun and self-defense in this class. At the end of this course, students will have the opportunity to test for their first color belt.
7 Thursdays: June 3 - July 15, 2010
5:45 - 6:30 PM
Class Fee: \$35 Members/\$45 Non-Members

return service requested



ywca goes green-please read and respond

The YWCA of Westmoreland County would like to conserve our natural resources and reduce the cost of postage and printing of future newsletters, brochures and printed materials, beginning in the Fall of 2010. Please help us by choosing one of the following options. Your response is requested by July 1. Thank for your help!

- Send your email address to info@ywcawestmoreland.org and the newsletter will be emailed to you, along with other updates and announcements about upcoming events.
- Download the newsletter directly from our website at www.ywcawestmoreland.org
- Tell us you will pick up a copy in the YWCA lobby.
- If we do not hear from you, we will continue to mail you our newsletter.



The YWCA welcomes Tara Zollinger to our YW Field Hockey coaching staff! Tara plays DI hockey for the University of Maryland. Coordinator Jeanne Kaylor and Tara will run the **YWCA Field Hockey Camp June 14 - June 18 at Hempfield Park.**

Girls U12 : 9:30 - 11:00 AM Fee: \$80

Girls U16 : 11:30 - 1:30 PM Fee: \$90

For more info email Jeanne at jjkaylor@comcast.net