

tai chi



Intermediate Tai Chi

Instructor: Linda Vucelich

5 Mondays-6:45-7:45 PM
April 12, 19, 26, May 10, 17, 2010

\$55 + YWCA Membership (\$20)

Tai Chi is an art, an exercise, a
mechanism for health maintenance.

For all levels of experience.

(every other Monday)

The YWCA reserves the right to cancel any program due to insufficient registration. In the event of cancellation, program fees (minus membership) will be refunded. Refunds (minus \$5 processing fee) will also be given for illness certified in writing by a physician. For a copy of the complete refund policy, contact the YWCA.

YWCA Westmoreland County

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**eliminating racism
empowering women**

ywca

-----Please Complete and Return to the YWCA-----
Intermediate Tai Chi (April - May 2010, 6:45-7:45 PM)

Name: _____ Phone _____

Address: _____

E-Mail Address: _____ Session # _____

YES Please send me E-mails about upcoming YWCA events/classes **No** I do not want to receive E-mails

Indemnity Agreement: I agree to hold the YWCA, its agents, officers, and employees, harmless from any and all liability claims, judgements, damages, or injuries to my person and/or property from any participation in this activity.

Please sign and date: _____