

YWCA of Westmoreland County Mission Statement

We create opportunities for women and girls to lead purposeful lives and strive for a community that values diversity.

Our One Imperative

“To thrust our collective power towards the elimination of racism wherever it exists and by any means necessary.”

2010-2011 YWCA Board Members

Nancy Anderson (Treasurer)
Louise Tilzey-Bates
Julie Butler (Secretary)
Sheila Confer
Joan Davis
Joan DeRose
Denise Holmes
Jerri Holts
Ellen Katter
Paula Maloney
Janice Merriman (1st Vice President)
Mary Catherine Motchar
Rebecca Parry
Marcia Pratt (2nd Vice President)
Nicole Reaves
Theresa Rusbosin (President)
Tonuia Smith
Michelle Teague
Ruth Tolbert
Michelle Toohey
Bonnie Lewis (Executive Director)

YWCA Executive Staff

Bonnie Lewis, Executive Director
Joelyn Aukerman, Communications Director
Diana Basick, Fiscal Manager
Dorie Fuchs, PA WORKWEAR
Betty Hammer, Development Director
Marae Johnston, Childcare Director
Gina McGrath, Technology Director
Maggie O’Leary, Literacy Program Director
Cathy Young, Thrift Shop Manager

YWCA of WESTMORELAND COUNTY

PROGRAMS AND SERVICES

Fall 2010

contents

- 2 letter from our executive director**
- 3 thrift shop**
- 3 save the dates**
- 4 child development programs**
- 5 girl’s project summer camp**
- 6 technology**
- 6 girl’s field hockey**
- 7 social scene**
- 7 red hat divas**
- 8 literacy program**
- 9 health & wellness center**
- 10 50th anniversary campaign**

**inserts: technology center schedule
“Girls in Pearls” Fashion Show**

**ywca business hours:
Monday - Thursday: 9am-5pm & Friday: 9am-4pm**

letter from our executive director



Members and Friends,

Summer is a time of transition at the YWCA. Many of our programs and services operate on a "school schedule" that runs from fall through spring. During the summer months our activities are different or at least somewhat modified to coincide with summer needs. For instance, we say farewell to our preschool graduates who are off to kindergarten and welcome our elementary school children who are looking for a fun summer camp. We welcome new beginner English as a Second Language students while some of our advanced students take time off to visit with family and friends in far away locations.

But August is upon us and soon we will transition again. The Thrift Shop will get out the back-to-school clothing and we will bring out shorter tables for our childcare rooms to accommodate our younger children. We look forward to these constant changes as the YWCA tries to meet the changing needs of our customers and clients.

On August 23rd, we will hold our annual Fashion Show fundraiser. This year, it has transitioned from a spring event to a late summer event. And it has a new name - GIRLS IN PEARLS! We're serving dinner instead of lunch and we'll be at the Greensburg Garden and Civic Center. Be sure to look for your invitation in this newsletter.

We've also had a transition of leadership here at the YWCA. In June, we recognized the dedicated leadership of our three-year president, Ruth Tolbert. Her commitment to the YWCA has been extraordinary and I'm so grateful to have shared this time with her. I also look forward to the leadership of our new president, Theresa Rusbosin, and congratulate her on her election by the Board of Directors.

Life is full of the unexpected. There's no such thing as everything staying the same. It won't.

We were reminded of this in a difficult way when we learned of the death of Bridget McGrath, daughter of our Technology Director, Gina McGrath. Bridget was this wonderful person with a big smile and a bigger heart. Many of us have watched her mature into a wonderful young woman who had chosen a career in nursing so that she could help others. The staff and board extend our thanks to the many members and friends who reached out to Gina and her family and to us during this time of great loss. We appreciate all of the prayers you sent.



Bonnie Lewis, Executive Director



Bridget McGrath
1982 - 2010

thrift shop



YWCA Thrift Shop
221 South Maple Avenue
Greensburg, PA 15601
724-834-4339

Shop Hours
Monday - Saturday 10 AM - 4 PM
Thursday 10 AM - 7 PM

THRIFT SHOP & PA WORKWEAR

The YWCA Thrift Shop is getting ready for the "Back-To-School" frenzy with all new clothing displayed and ready to sale starting on Tuesday, August 3, 2010. Shop early to get all of the in-style, popular clothing the shop has to offer. Fall consignment will not start until August 23. There is a one dollar handling fee for each order processed.

The shop would like to welcome new volunteers Carol White, Diana Anderson and Carolyn Kutz. They have been a great addition to our group of women.

PA WORKWEAR provided by the YWCA of Westmoreland County is an opportunity for qualifying women to receive clothing to help them succeed in the workplace. We are always looking for donations. The program is especially in need of scrubs, maternity, and plus size clothing. Steel toe shoes, non-skid shoes and tennis shoes are always in demand.

PA WORKWEAR would like to thank the Verizon Telecom Pioneers (a retirement group) for their generous donations of toiletry packets. These samples included soap, shampoo, conditioner, toothpaste and a toothbrush for the women entering the workforce.

Remember the YWCA Thrift Shop with your donations, tax deductions and our consignment program. Our hours are 10 a.m. until 4 p.m. Monday through Saturday and until 7 p.m. Thursdays. We are still looking for substitute cashiers. If you have any questions, please call 724-834-4339.

ENTERTAINMENT & ENJOY COUPON BOOKS WILL BE AVAILABLE IN SEPTEMBER! Call to reserve one!

IMPORTANT DATES TO REMEMBER	Become a member of the YWCA!
August 23 5th Annual Fall Fashion Show	\$20 - Basic Member/Associate
September 6 Labor Day- YWCA Offices Closed	\$10 - Teen/Associate
September 7 1st Day of 3yr old Preschool	\$30 - Supporting Member
September 8 1st Day of 4yr old Preschool	\$50 Patron Member
September 8 International Women Meeting	\$100 - Century Friend Member \$200+ - Honor Circle Member

child development programs

The YWCA said goodbye to the 2010 preschool graduates who will be heading off to Kindergarten in fall with a graduation program at the end of May, and said hello to the Young Wonders who joined us for summer camp at the beginning of June. The Young Wonders are literally having a ball at summer camp this year. They just went on a group field trip to see the Washington Wild-



things baseball game, and even though the team lost the kids came home with a few souvenirs and had tons of fun. They also got to enjoy showing off their orange tie-dyed t-shirts while at the game and will get to wear them on other exciting outings throughout the summer including a scavenger hunt at the Pittsburgh Zoo and a fun-filled day of sun and sand at Ligonier Beach. Crafts, cookouts, swimming, bowling, and trips to the library are just a few of the activities that keep the Young Wonders active and entertained. The summer just seems to be

flying by, so the quote "time flies when you are having fun" really seems to be true. Before we know it, August will be upon us and it will be time to send our Young Wonders back to school and greet our preschool children at the doors of the YWCA. We anxiously await the return of last years' preschoolers and would welcome any newcomers that want to join either our 3 or 4 year old preschool programs. We will be enjoying the rest of our sunny summer days here at the YWCA and looking forward to the beginning of a bright new school year in the fall!!!

YWCA Preschool

3 Year Old Class

*must be 3 years old by September 1

Tuesdays & Thursdays

Morning: 9:30 AM - 12:00 PM

Afternoon: 1:00 PM - 3:30 PM

Monthly Tuition: \$62.00

4 Year Old Class

*must be 4 years old by September 1

Mondays, Wednesdays, Fridays

Morning: 9:30 AM - 12:00 PM

Afternoon: 1:00 PM - 3:30 PM

Monthly Tuition: \$87.00

Financial Aid is Available

Before and After School Program Mountain View & Baggaley Elementary Schools

Hours of Operation

Morning Session

7:15 AM - Start of School for Both Sites

Afternoon Session

School Dismissal - 6:00 PM For Both Sites

Fee Schedule

Daily Rates*

\$5.50 per child AM Session

\$6.00 per child PM Session

\$11.50 per child for Both Sessions

Weekly Rates*

\$27.50 per child AM

\$30.00 per child PM

\$57.50 per child Both Sessions

*Reduced Fee Schedule for Additional Children in the Same Family!

SUMMER 2010

YWCA

GIRL'S PROJECT

"I like playing the games we play and laughing with the other girls." - Emily

"I like having freedom but we always stay as a group." - Maura

"I enjoyed the Washington Wild Things Baseball game." - Janelle



"I like volunteering at Redstone Highlands. I like drawing too!" - Addison

"I am going to miss the people here the most because I do not go to school with anyone." - Kaidia

Christmas in July was awesome!" - Kira

Summer Time Fun

Bowling. Library. Swimming at Lynch Field. Miniature Golfing. Zoo. Movie Days. Christmas in July. Group Birthday Party. Craft Projects. Washington Wild Things Baseball Game. Community Service. Bargain Day at Westmoreland Mall. Wave Pool. Chucky Cheese Visit. Tie Dye. Gift Exchanges. Picnics.

Our Mission

"Children have to be educated, but they have also to be left to educate themselves." ~ Abbé Dimnet

The counselors strive to create a fun environment that gives the young ladies a chance to be independent while under guided supervision. Our mission is to provide a safe place for the campers to grow and learn!

Camp Counselors:
Taylor and April

technology center



TechGYRLS

The **YWCA TechGYRLS** have completed three robotics summer camps. They will soon be preparing for the robotics 2010 Body Forward™ Challenge held at Carnegie Mellon's National Robotics Engineering Center on December 4th. This challenge will explore the cutting-edge world of Biomedical Engineering to discover innovative ways to repair injuries, overcome genetic predispositions, and maximize the body's potential, with the intended purpose of leading happier and healthier lives. Good luck to our teams!

Computer Classes

The YWCA Computer Lab will be upgraded in September! We will be offering new classes in **Windows 7** and **Microsoft Office 2010**. See the enclosed Computer Class Schedule for a complete listing of classes. Private Tutoring and Practice Time are also available. Call for details.

Facebook Classes are here! If you want to learn more about Facebook or set up a Facebook account for personal use, then this class is for you! Register early. If we have a wait list for this class we will form another one. See the enclosed schedule for dates and times.

Holiday Crafts on the computer is a fun class where you can create gift tags, labels, greeting cards, magnets (and so much more) and personalize them with your photos! Register early because this class will fill fast! See the enclosed schedule for dates and times.

Help for college students! If you need help with the Microsoft Office Suite of programs for your college assignments, we can help you. We know your time is limited, so you can arrange a private tutoring session at a time that is convenient for you. We can also customize a session for you and your classmates. **We are here to help you to succeed!** Call Gina McGrath at 724-834-9390 x107.

How to Buy and Sell on eBay Classes are offered in the new computer class schedule. See the insert for dates and times.

Over 50 Computer Club

The Over 50 Computer Club meets the first Tuesday morning of each month from 10 to 11:30. Join us in a relaxed atmosphere and get answers to your computer questions. Registration is required.

ywca girl's field hockey

- **Travel Team Pre-Season Clinic** is Monday, August 23rd -Thursday, August 26th from 9:30 am - 12:00 pm at Hempfield Park. Cost: \$55 (recommended for all travel players)
- **Travel Team (those entering 5th - 8th Grade in the Fall) First Practice** is Wednesday, September 1st : 4:30 pm - 6:00 pm at Hempfield Park. Cost: \$ 120 per player.
- **Sunday Session Players (those entering 1st - 4th Grade in the Fall)** will start on September 12th : 3:00 - 4:30pm at Hempfield Park. Cost: \$80 per player.

Email Coach Jeanne Kaylor at jjkaylor@comcast.net or call 724-836-0513 with questions.

social scene

The YWCA Annual Breakfast was held on June 23, 2010. The attendees enjoyed an endless breakfast buffet and lovely gift bags. New board members Louise Tilzey-Bates and Nicole Reaves were announced, while Ruth Tolbert and Norma Skillings retired from their offices. Thank you Ruth and Norma for your dedication to the YWCA. The 2010 YWCA President's Award was given to Ruth Tolbert and the 2010 YWCA Racial Justice Award went to the WIN (Women in the NAACP) organization. Congratulations to our recipients!

The 2010-2011 YWCA Board Officers were introduced and are as follows:

President-Theresa Rusbosin, 1st VP-Jan Merriman, 2nd VP-Marcia Pratt, Secretary-Nancy Anderson, and Treasurer-Julie Butler.



Outgoing YWCA Board President Ruth Tolbert welcomes incoming Board President Theresa Rusbosin at the breakfast. (left)



YWCA guests enjoy a delicious breakfast buffet and each others' company. (right)



Bonnie Lewis congratulates Ruth Tolbert, recipient of the 2010 YWCA President's Award.



Norma Skillings and Marilyn Fox pose for a picture with the YWCA Racial Justice Award. Norma retired from her position as a board member and 1st Vice President.



Bonnie Lewis presents the WIN (Women in the NAACP) representatives with the 2010 YWCA Racial Justice Award.



Incoming 1st Vice President Jan Merriman and Michelle Teague talk after breakfast.

red hat divas

Field trips, Left-over Christmas Cookie Game Parties, Tea Parties, Covered Dish Luncheons and Friendships...that is what we are all about ...EAT, MEET AND HAVE FUN is the motto for the YWCA of Westmoreland County's Red Hatters. And, you are welcome to join us. Yearly dues for membership are \$8 and our new year starts in September. Call Betty Hammer at 724-834-9390 if you are interested in wearing a red hat and purple scarf and having some fun!

Literacy Program Updates

From the Desk of Maggie O'Leary, Literacy Director

Fall Edition 2010

*"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not."
~ Dr. Suess*

Annual Used Book Sale

Our annual used book sale will be held at the Westmoreland Mall, 1st floor, center court *September 23 through the 26, 2010*. It takes many hands to make this fundraiser a success, and we appreciate all the help you give. You make it possible for the Literacy Program to continue.

VOLUNTEERS NEEDED:
WEDNESDAY NIGHT SET UP
THROUGH
SUNDAY AFTERNOON
SEPTEMBER 22 – SEPTEMBER 26, 2010

Thousands of books sold by the inch!

The YWCA Literacy Program is getting ready for its 36th Annual Used Book Sale at Westmoreland Mall September 23 – 26, 2010 during regular mall hours. This is Literacy's main fundraising event for the year. Through the success of the book sale, we are able to continue to give adults in the community the opportunity to acquire the literacy skills they need in order to be fully functioning members of their families, communities and workplaces as well as achieve personal goals they have set for themselves.

All friends and members of the YWCA are welcome to join in helping our Annual Book Sale be a success. Please call the Literacy office at 724-834-9390 if you are able to volunteer for this event, and mark your calendar now for your available time!

RED CROSS BABYSITTING CLASS

Open to girls and boys ages 11 and above. All materials will be provided. Learn how to be a responsible babysitter and receive a certificate of participation from the Red Cross. Bring a bagged lunch. Limited number of spaces available. Class includes CPR.

Facilitator: American Red Cross

Saturday : August 21 9:00 AM - 3:00 PM
\$55 per person

HATHA YOGA with Christine Walko

This class is open to all ages 8 to adult. Breathing techniques and basic yoga postures will help to build flexibility, ease and range of motion. Holding postures will increase your stamina, strength and focus. Each student works at their own comfort level. Join the fun!

6 Wednesdays: August 25 - September 29
5:30 - 6:45 PM

Class Fee: \$45+ YWCA Membership

FREE YOGA CLASS with Christine Walko

Try a yoga class for **free**. This class is open to all ages 8 to adult. Bring your daughter, son... bring the whole family!

Wednesday, August 11
5:30 - 6:45 PM

Little Ninja's Preschool Karate with Marisa

This program is designed specifically to help teach boys and girls, ages 4-5, the important qualities of respect, self-control, focus and confidence. Classes will resume in September. Watch our website for dates!

Kid's Power Karate

Boys and girls, ages 6-12, learn discipline, fun and self-defense. Classes will resume in September. Watch our website for dates!

SELF DEFENSE CLASS

Going to college? Work late at night? Or just want to learn to protect yourself? Join our black belt instructor, Marisa, to learn simple moves to defend yourself.

Monday, August 16
5:30 - 6:30 PM
\$20 per person

YOGA IN THE MORNING with Nancy Michaels

Make new friends while learning yoga. This class will help you build flexibility, inner core strength and improve your health. Basic yoga postures and breathing techniques will be emphasized in this class.

6 Thursdays:

September 2 - October 7

10:00 - 11:30 AM

\$45 + YWCA Membership

BEGINNING TAI CHI with Linda Vucelich

This class is intended for those who have never taken Tai Chi or who have some experience with Tai Chi.

5 Tuesdays: Sept 14 & 28, Oct 12, Nov 9 & 23
7:00 - 8:00 PM

Fee: \$55 + YWCA Membership

CONTINUING TAI CHI with Linda Vucelich

This class is designed for experienced Tai Chi students looking to continue their practice.

5 Tuesdays: Sept 21, Oct 5 & 26, Nov 2 & 16
7:00 - 8:00 PM

Fee: \$55 + YWCA Membership

INTERMEDIATE TAI CHI with Linda Vucelich

Maintain your physical and mental health. Beginning Tai Chi or experience prerequisite.

4 Mondays: Aug 2, 9, 16 and 23
6:45 - 7:45 PM

Fee: \$44 + YWCA Membership

Fall Session:

4 Mondays: Sept 20 & 27, Oct 11 & 25
6:45 - 7:45 PM

Fee: \$44 + YWCA Membership

QIGONG with Linda Vucelich

A 4-movement system designed to balance the internal energy systems for greater health, stability, and well-being. Self-foot massages will be included.

1 Wednesday
September 29
1:00 - 2:15 PM
\$14 per person

return service requested

50th anniversary campaign and beyond



We began our YWCA 50th Anniversary by looking back to Cherish our Past. We spent our 50th Anniversary year Celebrating our Presence in the community. We have begun to Transform Tomorrow by launching our 50th Anniversary Campaign.

Have you become a part of the 50th Anniversary Campaign yet? We have a goal of \$500,000 and will need broad support in order to reach this ambitious goal. Many thanks to those of you who have already responded generously to our request! For those still considering their

gift, please know that your contribution to the YWCA 50th Anniversary Campaign may be made in the form of a direct gift or as a pledge distributed over a three-year period for your convenience. These resources will allow us to remain the strong, resilient leader for women and girls and for the cause of racial justice in our community-allowing us to Transform Tomorrow.

For more information on the campaign and giving opportunities, contact the YWCA Development Office at 724-834-9390. Your gift may also be made online by going to our website at www.ywcawestmoreland.org.