

YWCA of Westmoreland County Vision Statement

We create opportunities for women and girls to lead purposeful lives and strive for a community that values diversity.

YWCA USA Mission Statement

“To thrust our collective power towards the elimination of racism wherever it exists and by any means necessary.”

2011-2012 YWCA Board Members

Sheila Confer
Joan Davis
Joan DeRose
Linda Gioia Simon
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Mary Catherine Motchar
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Jessica Rafferty
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Michelle Teague (Treasurer)
Louise Tilzey-Bates
Bonnie Lewis (Executive Director)

YWCA Executive Staff

Bonnie Lewis, Executive Director
Joelyn Aukerman, Communications Director
Diana Basick, Thrift Shop Director
Dorie Fuchs, PA Workwear
Betty Hammer, Development Director
Marae Johnston, Childcare Director
Gina McGrath, Technology Director
Maggie O’Leary, Literacy Program Director
Cheryl Angus, Fiscal Manager

YWCA of WESTMORELAND COUNTY

PROGRAMS AND SERVICES

Fall 2011

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Inserts: computer class schedule

ywca business hours:

Monday - Thursday: 9am-5pm & Friday: 9am-4pm

letter from our director

making a difference



"We promote solutions to improve the lives of women, girls and people of color across the country."

Bonnie Lewis, Director
YWCA of Westmoreland County

The Fourth of July Independence Day celebrations are just past us as I write this letter. It puts me in the mood to reflect on our YWCA history. The history of the YWCA USA is the history of progress in America. Established in 1858 as a voice for women's issues, the YWCA USA opened the first employment bureau for women several years later. That was only the beginning of more than a century of active advocacy and programming for women's rights and civil rights.

We continue to evolve to meet today's challenges in eliminating racism and empowering women. We promote solutions to improve the lives of women, girls and people of color across the country. From lobbying for pay equity and hate crimes legislation to increase funding for childcare and the Violence Against Women Act, the YWCA USA advocates on Capitol Hill while local YWCAs advocate for the specific needs in their communities and states.

But that's not all. Since 1898, every four years, the World YWCA has held its World Council and since 1999 it has organized the International Women's Summit (IWS). Those two quadrennial events happened this summer in Zurich, Switzerland.

Each Council has led to steps forward and brought achievements towards women's rights throughout the world. At World Council 2011, hundreds of women from different walks of life and over 100 countries gathered to speak in one voice around the theme "Women Creating a Safe World: and to demand their human rights. Nyaradzayi Gumbonzvanda, the General Secretary of the World YWCA, spoke about breakthroughs at the 2011 World Council.

"Investing in and creating safe spaces for women and girls is about human rights. As a movement, together and with our partners, we're reclaiming human rights for all women. YWCAs around the world affirm that women and girls demand the protection and respect of their rights. I consider this to be a major breakthrough and a transformative approach for the movement, because it shifts the way YWCAs work to go beyond service."

At the YWCA we want to make a difference. And there's still a difference to be made!

**eliminating racism
empowering women**
ywca

thrift shop

ywca thrift shop
the area's oldest resale & consignment shop



thrift store hours

Monday – Saturday 10 AM – 4 PM
Thursday 10 AM – 7 PM

location

221 South Maple Street
Greensburg, PA 15601
724.834.4339

pa workwear

PA WORKWEAR, provided by the YWCA of Westmoreland County, is an opportunity for you to receive clothing to help you succeed in the workplace. Interview and work clothing will be provided to women who are changing careers, graduating from high school or college, or are re-entering the workforce from unemployment, welfare and/or job training programs. Call 724.834.4339 to schedule an appointment with a personal clothing consultant. She will help you select interview clothes, or the specific type of clothing that you need for training or employment. You will look your very best on the job or as you attend training to prepare for work. PA WORKWEAR is always in need of gently used scrubs and also steel toe shoes.

2011 consignment schedule

August 1-----Closed for Restocking
August 2-----Fall Kick-Off
August 22-----Fall Consignment Starts
September 24-----Fall Consignment Ends
October 3-----Winter Consignment Start
Dec 23 - Jan 1-----Holiday Break
Jan 7, 2012-----Winter Consignment Ends
Feb. 13-17-----Winter ½ Price Sale
Feb 18 -----Winter Bag Sale
Feb 20-----Closed for Restocking
March 26-----Spring Consignment Starts
May 14-----Summer Consignment Starts

The YWCA Thrift Shop is getting ready for “Back-To-School”. We have Fall fashions for the whole family!

We will be restocked with all new merchandise and ready to sell on Tuesday, August 2, 2011. Shop early and often! New items are put out every day. Fall consignment will start August 22, 2011. There is a one dollar handling fee for each order processed.

We would like to send a special thank you to our two new youngest volunteers who helped out this summer Kaidia and Maggie. We are always in need of new volunteers. Three hours of your time once a week can really help us out. Feel free to stop in and fill out a volunteer application.



consignment

Donations made through consignment will be accepted at the YWCA Thrift Shop. Consignors agree to a sale price for each item of which they will receive 50% if the item is sold. Clothing must be cleaned and pressed. Only 12 items per intake will be accepted. A \$1 processing fee will be accessed for these 12 items. Agreements are good for 30 days. After 30 days, the items must be picked up by the consignor or it becomes property of the Thrift Shop. Please call in advance to confirm that consignment is open.

We make a living by what we get,
but we make a life by what we
give. -Winston Churchill

Philanthropic Phacts

89 percent of American households contribute to charities or religious institutions and the U.S. is one of the few countries to allow givers a tax deduction for charitable donations.

<http://dgforum.zunia.org/post/some-interesting-facts-about-us-philanthropy/>

divas, development & day of giving



2011 Westmoreland Day of Giving

Our 2011 Annual Giving Campaign will be launched on October 4th as part of the **2011 Westmoreland County Day of Giving**. All contributions received during the 24-hour giving period will receive an equal pro-rated share of a match pool provided by the Community Foundation of Westmoreland County. We are grateful to be one of the non-profit organizations included in the **Westmoreland Day of Giving**.

Your gift is so important to the YWCA. As you read in this newsletter about our work in the community, you can begin to get an idea of the lives we touch every day. Thank you for being a part of that community outreach. We are strong as individuals but our collective power makes so much difference.

On October 4th log on to www.westmorelandgives.org to make your gift to the YWCA of Westmoreland County. If you need additional information, contact Betty Hammer at 724-834-9390 or e-mail her at Bettyh@ywcawestmoreland.org.

YWCA Legacy Circle

Giving is more than tax brackets and charitable deductions. Charitable gifts make an important difference in what we are able to accomplish. A Planned Gift can impact an organization's success beyond a lifetime.....Have you thought about becoming a philanthropist by joining others who have chosen to make a legacy gift to the YWCA of Westmoreland County?

You control how the YWCA uses your gift. As an added benefit, when you make a planned gift and provide us with your intent, the Board of Directors honors you with membership in the prestigious YWCA Legacy Circle.

If you would like any further information about these opportunities, please contact Betty Hammer, Development Director.



YWCA Divas

The Divas of the YWCA of Westmoreland County are meeting for lunch on Thursday, August 18th at the Latrobe Country Club for their 8th Annual Gathering. Guests are welcome. A "Show and Tell" will be the program with each person bringing a personal memorabilia or a special something with a story to share. You will choose a Breast of Chicken with Apricot Glaze or Chef Sirianni's Salmon Cakes. **Your reservations with your check must be made by August 12th.** Call Betty Hammer at the YWCA if you need additional information.

literacy

Literacy Program Updates

From the Desk of Maggie O'Leary, Literacy Director

Fall Edition 2011

"Children are made readers on the laps of their parents."

~ Emilie Buchwald ~

Annual Used Book Sale

Our annual used book sale will be held at the Westmoreland Mall, 1st floor, center court September 22 - September 25, 2011. It takes many hands to make this fundraiser a success, and we appreciate all the help you give. You make it possible for the Literacy Program to continue.

VOLUNTEERS NEEDED:
WEDNESDAY NIGHT SET UP
THROUGH
SUNDAY AFTERNOON TEAR DOWN
SEPTEMBER 21 – SEPTEMBER 25, 2011
Thousands of books sold by the inch!

The YWCA Literacy Program is getting ready for its 37th Annual Used Book Sale at Westmoreland Mall September 22 - 25, 2011 during regular mall hours. This is Literacy's main fundraising event for the year. Through the success of the book sale, we are able to continue to give adults in the community the opportunity to acquire the literacy skills they need in order to be fully functioning members of their families, communities and work-places as well as achieve personal goals they have set for themselves.

All friends and members of the YWCA are welcome to join in helping our Annual Book Sale be a success. Please call the Literacy office at 724-834-9390 if you are able to volunteer for this event, and mark your calendar now for your available time!

THANK YOU!!

childcare

YWCA Preschool

3 Year Old Class

*must be 3 years old by September 1

Tuesdays & Thursdays

Morning: 9:30 AM - 12:00 PM

Afternoon: 1:00 PM - 3:30 PM

Monthly Tuition: \$65.00

4 Year Old Class

*must be 4 years old by September 1

Mondays, Wednesdays, Fridays

Morning: 9:30 AM - 12:00 PM

Afternoon: 1:00 PM - 3:30 PM

Monthly Tuition: \$90.00

Financial Aid is Available

Two Year Old Program

*Children must be 2 years old by Oct 6

Ready "2" Play

Toddler Time

6 Thursdays

October 6 - November 10

1:00 PM - 1:45 PM

\$35

Goals of the 2 yr. old Program:

- * Improve Motor Skills
- * Socialization with Other Children
- * Proper Use and Clean Up of Toys
- * Have Fun!

A parent or guardian must remain on the YWCA premises while the child is in "Class."

You may wait in the "Parent's Lounge" to read a book; enjoy a cup of coffee, or join your child in the classroom.

Limit 10 Children

Before and After School Program Mountain View & Baggaley Elementary Schools

Morning Session

7:15 AM - Start of School for Both Sites

Afternoon Session

School Dismissal - 6:00 PM For Both Sites

Daily Rates*

\$6.00 per child AM Session

\$6.50 per child PM Session

\$12.50 per child for Both Sessions

Weekly Rates

\$30.00 per child AM

\$32.50 per child PM

\$62.50 per child Both Sessions

2011 summer Camp

The Young Wonders are busy having fun at summer camp. Swimming, bowling, crafts, cook-outs, trips to the library and helping out with pre-school camp are just a few of the activities that the Young Wonders are enjoying. They also took time out of their eventful schedules to explore the Carnegie Science Center, visit Apple Hill Playhouse, sight see at the Pittsburgh Zoo and Aquarium and venture throughout the town of Greensburg. However, our summer days are quickly going by and the school year will be beginning soon. It will be time to say goodbye to our Young Wonders for another year and welcome our pre-school children back to the YWCA. We gladly await the return of last years' preschoolers and look forward to meeting all of our new students at Orientation. We hope all of the YWCA children have an amazing 2011-2012 school year!!!

The YWCA Technology Center is Focusing on Seniors and People Looking for Employment

Seniors are telling us that they want to go on Facebook to see the pictures their family and friends have on their Facebook pages. They want to know how to set up a Facebook account or if they already have one, how to set their privacy controls. Privacy is a growing issue with the Internet today concerning these social networking sites and purchasing online.

We also hear that their family does not have time to show them how to do things or they go too fast when they do help them.

We are here to help you and we promise to use simple words (we will not get "techie") and we will teach at a slow pace, making sure that you understand before we move on.

We have created computer classes "Just for Seniors." The focus will be on what Seniors need to know.

Just for Seniors

Comfortable Computing for Seniors

You are retired and you want to become comfortable using the computer for *just what you need to know*. This class will help you to understand your computer. You will learn how to use Windows, how to do word processing (typing on the computer) so you can compose your emails or create a letter, how to use the Internet and your email program. You will also be introduced to the programs that come with Windows that are on your computer.

Facebook for Seniors

This class is for the person who needs to learn more about using their Facebook account or is curious about Facebook and wants to learn what it is all about. You can set up a Facebook account in class or if you already have one, learn how to set your privacy controls. You can also learn how to upload your pictures to your account.

Keeping up with Technology

Facebook, MySpace, Twitter, YouTube, Smartphones, Texting, Windows, Office, iPads, iPods, the Nook, Wi-Fi, 3G, 4G, Flash Drives, Skype, the Cloud, Angry Birds. OMG (Oh my goodness)!! Do you feel like *everyone* knows more about technology than you do and it is too much to sort out and understand? We invite you to take this class where we will sort it all out and even give you a guide to understand all this "techie stuff." You will receive a Techie Certificate Just for Seniors! Join us, we will have fun sorting all of this out...I promise :-)

Over 50 Computer Club

This club meets the first Tuesday of every month so you can get answers to your technology questions.

BTW (by the way) we promise a lot of LOL (laughing out loud) in these classes!

See enclosed Computer Class Schedule for class dates and times.

Call 724-834-9390 and ask for Gina or Mary Louise.

People in pursuit of a job find that we live in a world saturated with technology. They need to acquire computer skills but don't know where to begin. We know what you need and we will help you determine where you should begin and the proper sequence to take the classes so you are not frustrated. We will help you to become confident and proficient in the programs you need to obtain a job.

People Looking for Employment

These are the programs you need to know when seeking employment:

Microsoft Word is a word processing program.

Microsoft Excel is a spreadsheet program.

Windows 7 is the operating system.

Some other programs to learn depending upon the job you are seeking:

Microsoft Publisher is a desktop publishing program.

Microsoft PowerPoint is a presentation program.

Some companies and organizations use **Microsoft Outlook**. This program consists of several components: email, contacts, calendar, tasks, notes and journal.

See enclosed Computer Class Schedule for class dates and times.

Call 724-834-9390 and ask for Gina or Mary Louise.

annual meeting



Bonnie Lewis (lt) and Theresa Rusbosin (rt) present the 2011 YWCA President's Award to Nancy Anderson (ctr)



Norma Skillings, Toni Stanko, Lisa Tidwell and Tonia Smith



2011 Racial Justice Award recipient, Joyce Clohessy (lt.) with Michelle Toohy



YWCA cancer survivors (lt to rt) Barb Tomko, Betty Hammer, Jan Merriman, Mary Louise Hill, Linda Austin and Theresa Rusbosin



Board members Louise Tilzey-Bates, Michelle Teague and Ruth Tolbert



Guests Kirk Utzinger and Norma Skillings



Sr. Lois Sculco, Joan McGeery, Barbara Ferrier, Linda Austin and Ruth Tolbert

social scene

NUTS!

The YWCA is partnering with Orchard Performing Arts Company from the Apple Hill Playhouse in Delmont for a special fundraising event. On November 4 - November 13th, the Performing Arts Company will be performing the play **Nuts** by Tom Topor. It is a suspense, psychological, and courtroom drama that explores family and social power dynamics and aspects of the criminal court system. A high-class call girl is accused of murder and fights for the right to stand trial rather than be declared mentally incompetent. It was performed on Broadway in 1979 and adapted to film in 1987 starring Barbara Streisand and Richard Dreyfuss. The play will be performed in Judge Pezze's courtroom in the courthouse in Greensburg. Tickets will be \$20 for adults and \$18 for seniors and students. The YWCA of Westmoreland County will receive \$1 from each ticket sold. Seating is limited due to the setting of the performance. Join us in the fun of a real courtroom drama and help support the efforts of the YWCA.

Actual Dates and Times:

7:30 PM performances on November 4-6 & November 11-13, 2011

3:00 PM performances on November 6 & 13, 2011

Email for information: Kerrmarge@yahoo.com

or call the Box Office at 724-468-5050 (limited hours)

meet your ywca board

Hello there! My name's Louise Tilzey-Bates, I'm British, I'm a stay at home mum with two children, one daughter, age eleven and one son, age eight. We live in Unity Township, Greensburg and the children both attend the Greater Latrobe School District.

We moved here in October 2007 for my husband's job and we absolutely love it! The people here are so welcoming and friendly. We think the lifestyle and opportunities here are simply great; you can swim outside in the summer months, ski just down the road, visit beautiful state parks with campgrounds that have fire-pits, attend free concerts in the park every week and go to Demolition Derbys. Life ain't

bad in Greensburg! Quite different to old Blighty! (UK).

Before Greensburg we lived in Germany in the Rheinland Pflalz region, (South West Germany) for six years. That was a great experience and gave us many opportunities to travel throughout Western Europe. Many moons ago, back in the UK, before the children came along, I was employed at a non-profit organization which was instrumental in promoting racial awareness, global sustainability and which also campaigned for improved working conditions in developing countries.



Previously, I completed a BA (Hons) History degree at Bath Spa University College, UK and spent 5 years working for a Fine Art Auctioneers, managing the weekly General Saleroom. I'm originally from the South West of England, from the county of Somerset!

These days I share my spare time, between the YWCA, working on various committees, helping with their social media marketing, being part of the International Women's Group committee and now on the board. I am also a volunteer for the Westmoreland County Historical Society, Facebooking and tweeting for them as well as being a Tour Guide during the summer season at Historic Hanna's Town. You might have seen me in the local paper!

health & wellness

BASIC MINDFUL MEDITATION

Monday, September 12, 2011

7pm - 8pm Fee: \$15

Instructor: Carole J. Obley

Discover an easy method that helps you to reduce stress and anxiety. Mindfulness meditation simply means focusing your attention on the present moment. Your own breathing will lead you into stillness. Please dress comfortably.

AM YOGA with Nancy Michaels

This series is designed to focus on specific areas of the body to strengthen and stretch muscles. This class will help participants build strength, balance the body's system, increase body awareness, and increase energy while learning specific postures.

6 Thursdays: Sept 1 - Oct 6, 2011

10:00 - 11:30 AM

Class Fee: \$45 + YWCA Membership

Little Ninja's Preschool Karate

This program is designed specifically to help teach boys and girls, ages 4-5, the important qualities of respect, self-control, focus and confidence.

6 week Sessions

Thursdays

Fall: Sept 22 - Oct 27, 2011

5:00 - 5:30 PM

Class Fee: \$35 Members/\$45 Non-Members

Kid's Power Karate

Boys and girls, ages 6-12, learn discipline, fun and self-defense in this class. At the end of this course, students will have the opportunity to test for their first color belt.

6 Week Sessions

Thursdays

Fall: Sept 22 - Oct 27, 2011

5:45 - 6:30 PM

Class Fee: \$40 Members/\$50 Non-Members

PM HATHA YOGA with Nancy Michaels

Increase your flexibility, core strength and energy with this basic Hatha Yoga class.

6 Wednesdays

Sept 7 - Oct 12, 2011

6:30 - 7:30 PM

\$45 + YWCA Membership

LEVEL I TAI CHI with Linda Vucelich

This class is intended for those who have never taken Tai Chi.

6 Wednesdays

10/5, 10/19, 11/2, 11/16, 11/30, 12/7

5:30-6:15 pm

\$60 + YWCA Membership

INTERMEDIATE TAI CHI with Linda Vucelich

Maintain your physical and mental health. Beginning Tai Chi or experience prerequisite.

5 Tuesdays

9/13, 9/27, 10/11, 10/25, 11/8

7-8:00 pm

\$55+ YWCA Membership

ADVANCED TAI CH with Linda Vucelich

This class is designed for Tai Chi students looking to advance their practice.

5 Tuesdays

7-8:00 pm

9/6, 9/20, 10/4, 10/18, 11/1

\$55+ YWCA Membership

CONTINUING TAI CHI with Linda Vucelich

This class is for experienced students of Tai Chi wishing to continue their practice and maintain their physical wellness.

SESSION 1: 4 Mondays

6:45-7:35 pm ~ \$40 + YWCA membership

9/12, 9/19, 9/26, 10/17

SESSION 2: 4 Mondays

6:45-7:35 pm ~ \$40 + YWCA membership

10/24, 10/31, 11/14, 11/21

new at the ywca



INTRODUCTORY PRESENTATION with Linda Vucelich

What is T'ai Chi & Qigong? How does Reiki contribute to well being? How do I meditate? Who are Abraham-Hicks?

Linda Vucelich offers systems of alignment, emotional & thought well being, and spiritual practicality. Join her for this casual, informal gathering to answer questions, offer information, and begin a meditation practice.

Date/Time: Wed, Sept 14: 7:00-7:50 pm

Cost: \$3.00 (Pre-registered & Pre-paid)

Minimum of 10 people

PRIVATE T'ai Chi lessons by appointment.

PILATES with Gail Karanovich

5 Tuesdays

Sept 6 - Oct. 4

5:30 - 6:30pm

\$50 + YWCA membership

The Pilates method seeks to develop controlled movement from a strong core. Pilates is a body conditioning routine that helps to not only build flexibility, but also strength, endurance, and coordination in the legs, abdominals, arms and back.

social media



The YWCA is now on Facebook. This is a web based social networking service that makes it possible to connect people who share interests and activities across political, economic, and geographic borders. The YWCA will use Facebook to build its community and update their followers with its latest information. Go to <http://www.facebook.com/pages/The-YWCA-of-Westmoreland-County/126795947378988> and "like us."



QR codes

A **QR code** (abbreviated from **Quick Response code**) is a specific matrix barcode that is readable by dedicated QR barcode readers, iPads, and camera telephones. The information encoded may be text, URL, or other data. Once it is in your cell phone, it may give you details about that business (allowing users to search for nearby locations), or details about a person or about an item in a store window or take you directly to a website for more information. Download a free QR reader app for your phone or iPad, scan the matrix above and go to the YWCA website. **AMAZING!**

ENTERTAINMENT & ENJOY COUPON BOOKS WILL BE AVAILABLE IN SEPTEMBER!

Become a member of the YWCA!

- \$20 - Basic Member/Associate
- \$10 - Member
- \$50 - Patron Member
- \$100 - Century Friend Member
- \$200+ -Honor Circle Member

IMPORTANT DATES TO REMEMBER

- August 15 Annual Fashion Show
- September 5 Labor Day- YWCA Offices Closed
- September 6 1st Day of 3yr old Preschool
- September 7 1st Day of 4yr old Preschool
- September 7 International Women Meeting
- September 21 Annual Book Sale Begins

eliminating racism
empowering women
ywca

424 North Main Street
Greensburg, PA 15601

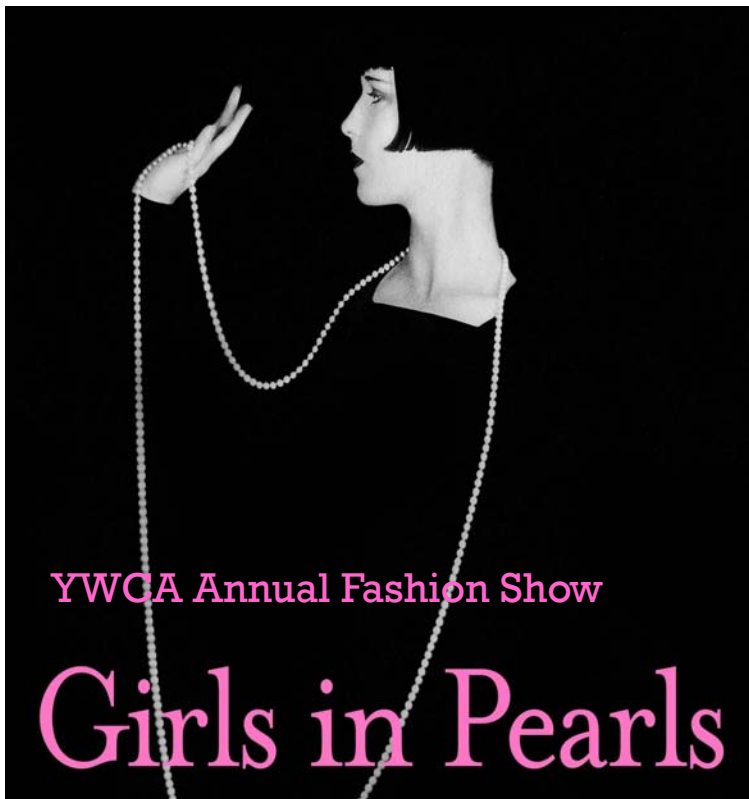


return service requested

Non-Profit Org.
U.S. Postage
PAID
Greensburg, PA
Permit No. 385



announcements



Monday - August 15,
5:30 to 8:00 pm
Greensburg Garden and
Civic Center
Greensburg, PA

General Admission \$40
Chanel Circle \$100

RSVP by August 8
724.834.9390



Free scanning app at
<http://www.usc.com/app>